

RECOVERY *is Possible.*

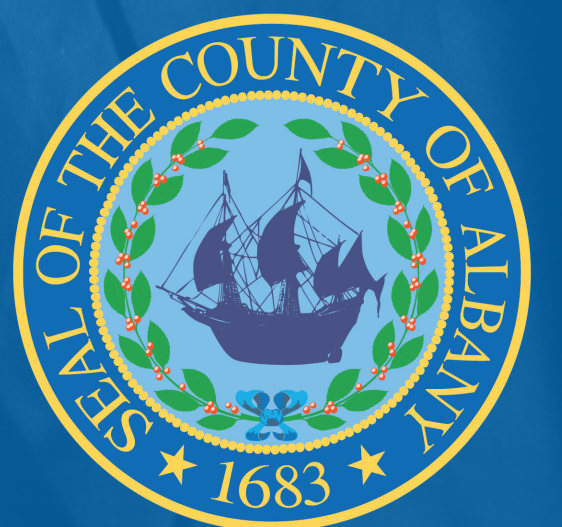


**It can feel like something to keep
inside the family.**

But getting help isn't a betrayal. It's love in action. In our community, asking for support takes courage — and courage saves lives. You don't have to face this alone.



Visit albanycountyny.gov/its-possible
to take your first step.



Daniel P. McCoy
Albany County Executive