

Albany County
Prevention, Treatment and Recovery Services

Albany County OASAS Prevention Providers

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I. Prevention Services:

The Addiction Care Center (ACCA) – Prevention and Community Education Services

Contact Information: Jen Vitkus (518) 465-5829 jvitkus@theacca.net

ACCA Prevention Program Include:

- **An Apple A Day:** Evidence-based An Apple A Day© program begins in kindergarten and is delivered each year, through fourth grade, so that we are able to reach children on a regular basis long before underage drinking behaviors are established. The program is based on the Risk and Protective framework of Hawkins and Catalano (University of Washington) and the resiliency-building research of Dr. Bonnie Bernard.
- **Northeast Education Community Action Partnership (NECAP):** Serving, Albany, Columbia, Greene, Rensselaer, Saratoga, Schenectady, Warren & Washington, the Northeastern Community Action Partnership is a regional addictions resource collaborative within the Capital District of NY (funded by NYS OASAS) that provides resources, support, and community awareness of substance abuse issues.
- **Strengthening Families Program (SFP):** is an evidence-based family skills training program for high-risk and general population families that is recognized both nationally and internationally. Parents and youth attend weekly SFP skills classes together, learning parenting skills and youth life and refusal skills. They have separate class training for parents and youth the first hour, followed by a joint family practice session the second hour.
- **Anti-Bullying Programming:** The No-Bullying curriculum created by Hazelden was rated in the top 10 by the American Association of School Administrators as an outstanding violence prevention program. This curriculum helps to: Make classrooms safe and secure so that kids can thrive; Distinguish between bullying and peer-to-peer conflict; Hold students accountable even when they didn't witness the act.
- **Evidenced Based Programming:** Specialists are trained to teach children using Evidence Based Model Programming as designated by the Substance Abuse & Mental Health Services Administration (SAMHSA) as well as ACCA's own signature programming. The following are some programs they provide: Too Good for Drugs: Grades K—8; Project ALERT: Grades 6 & 7; Second Step: Grades 6—8; Reconnecting Youth: High School.
- **Community Education and Community Forum:** Recognizing the need for stronger communities, and in response to distressing opioid-related trends, ACCA Prevention Educators have connected with state, county, city officials as well as concerned educators and community members to raise awareness around a variety of topics surrounding substance misuse and youth substance use.

II. Withdrawal and Crisis Stabilization Services

Medically Managed Withdrawal and Stabilization Services and Medically Supervised Withdrawal and Stabilization Services afford patients and the OASAS system of care with an increased array of detoxification services in different settings, while ensuring a comprehensive discharge planning mechanism that enhances the patient's ability to enter treatment after the completion of the withdrawal service. The goals of these services are: 1) to provide the patient with a safe and humane withdrawal from chemicals of abuse; 2) to reduce the medical and psychiatric morbidity and mortality sometimes associated with acute withdrawal; and 3) to encourage the patient to engage in ongoing treatment of his/her dependence.

- **St. Peter's Hospital Detox Unit – Inpatient and Ambulatory Detox**
Contact: Steve Boulet (518) 525-1303

III. Inpatient Rehabilitation Services:

Inpatient services provide a safe and supportive setting for individuals who have stabilized in their withdrawal symptoms but where other factors indicate the need for longer-term 24-hour, 7-day a-week care.

St. Peter's Addiction Recovery Center (SPARC Guilderland) – 40 bed capacity for men and women.

Contact: Admissions (518) 452-6791

IV: Stabilization Services:

Individuals appropriate for stabilization must meet criteria for admission for mild to moderate withdrawal with the need for a stable environment, or cognitive behavioral instability, or urges and cravings to use that are unmanageable. A clinical assessment will identify the individual needs for each person.

Addiction Care Center of Albany, Inc:

Men's Residence

Contact: (518) 434-8083

Women's Tree House Residence

Contact: (518) 465-5470

Hospitality House

Men Only

Contact: (518) 434-6468 Ext 118

V: Residential Rehabilitation Services:

Certified OASAS providers of residential programs that also provide rehabilitative services for individuals who are stable enough to manage emotional states, urges and cravings, co-occurring psychiatric symptoms and medical conditions within the safety of a residential setting. This service requires a physician who will serve as medical director, nurse practitioner, psychiatrist and nursing staff on site daily and clinical staff provide monitoring for medical and psychiatric symptoms that are stable. Services include medical monitoring of chronic conditions e.g., routine medication management and individual, group and family counseling focused on rehabilitation

Hospitality House (Men's Residential)

Contact: (518) 434-6468 Ext: 118

Addiction Care Center of Albany, Inc., (Men)

Contact: (518) 434-8083

Addiction Care Center of Albany, Inc., T.R.E.E. House for Women/Children

Contact: (518) 465-5470

Hope House Men's Recovery Program

Contact: (518) 486-8965

Hope Women's Recovery Program

Contact: (518) 486-8973

VI: Reintegration Services in a Residential Setting:

Certified OASAS providers of residential programs that also provide reintegration services to transition from structured treatment environments to more independent living. This setting does not require a physician to serve as medical director and staff coordinate treatment services but do not provide direct clinical care. Most services are provided in the community and include clinical and social services. Individuals are provided a safe living environment with a high degree of behavioral accountability. Services include medical and clinical oversight of chronic but stable medical and psychiatric symptoms and conditions in a community treatment program including an outpatient Substance Use Disorder treatment program.

Hope House Inc., The Bettie Center (Men's Residential)

Contact: Admissions (518) 465-2441

Hope House the Next Step (Women and Children's Program)

Contact: (518) 465-5249

Admissions (518) 465-5249

Addiction Care Center of Albany, Inc., Vista House (Women Only)

Contact: (518) 486-8965

Addiction Care Center of Albany, Inc., (Scattered Site)

Contact: (518) 407-0565

Trinity Alliance – Homer Perkins (Men Only)

Contact: Admissions (518)- 1104

VII: Supportive Living (Scattered Site Reintegration) :

OASAS-certified programs that are designed to promote independent living in a supervised setting for individuals who have completed another course of treatment, are making the transition to independent living, and whose need for services does not require staffing on site on a 24-hour a day basis. These services provide a minimum level of professional support, which includes a weekly visit to the site and a weekly contact of the resident by a clinical staff member. These treatment services are for individuals who either require a long-term supportive environment following care in another type of residential service for an undetermined length of stay, or who are in need of a transitional living environment prior to establishing independent community living.

Addiction Care Center of Albany, Inc., ACCA Supportive Living (Men and Women)

Contact: (518) 434-8083 Ext. 21 and/or 316

Hope House Women's Supportive Living

Admissions (518) 465-5249

VIII: Opioid Treatment Programs (OTP):

OASAS-certified sites where methadone or other approved medications are administered to treat opioid dependency following one or more medical treatment protocols. OTPs offer medical and support services including counseling and educational and vocational rehabilitation. A physician serves as medical director and physician and nursing staff assess each individual and approve the plan of care. Clinical staff provide individual, family and group counseling. Patients are prescribed and delivered medication assisted treatment which is expected to be long term medication management of a chronic disorder. Many patients are provided treatment over a lifetime similar to chronic management of diabetes or heart condition.

Promesa, Inc. Camino Nuevo

Designation/Endorsements: Integrated Outpatient Services: Mental Health

Contact: Admissions (518) 462-4320

Whitney M. Young Jr. Health Center, Inc., OTP and Methadone Maintenance.

Contact: Clint Garrigan (518) 463-3882

Fusion Recovery Centers, LLC., OTP

Contact: Admissions (518) 605-9978

IX: Outpatient Clinic:

OASAS-certified outpatient services have multi-disciplinary teams that include medical staff and a physician who serves as medical director. These programs provide treatment services to individuals who suffer from substance use disorders and their family members and/or significant others. Outpatient services may be delivered at different levels of intensity responsive to the severity of the problems presented by the patient. The length of stay and the intensity (as measured by frequency and duration of visits) will vary during the course of treatment. Visits generally become less frequent as treatment progresses. Treatment includes the following procedures: group and individual counseling; education about, orientation to, and opportunity for participation in, relevant and available self-help groups; alcohol and substance abuse disorder awareness and relapse prevention; HIV and other communicable disease education, risk assessment, supportive counseling and referral; and family treatment

Eleanor R. Young Clinic:

Contact: (518) 465-8034

The Addiction Care Cent of Albany. Inc. (Adolescents and Adults)

Contact: (518) 434-2367 Ext. 121

Hope House Outpatient Clinic

Contact: (518) 427-8207

SPARC Latham

Contact: (518) 783-5381

SPARC Cohoes

Contact: (518) 235-1100

SPARC Outpatient (2nd. Ave)

Contact: Admissions (518)449-5170

Whitney M. Young Jr. F.A.C.T.S, OPC

Contact: (518) 465-9345

Fusion Recovery Centers, LLC., OTP

Contact: Admissions (518) 605-9978

Promesa, Inc. Camino Nuevo

Designation/Endorsements: Integrated Outpatient Services: Mental Health.

Contact: Admissions (518) 462-4320

Equinox Outpatient Clinic

Contact: (518) 434-6135

LaSalle's Outpatient Clinic (Adolescents ages 12-20)

Contact: (518) 242-4731 ext. 225

Pearl Street Counseling Center

Contact: (518) 462-4320

X: Intensive Outpatient Services :

An OASAS-certified treatment service provided by a team of clinical staff for individuals who require a time-limited, multi-faceted array of services, structure, and support to achieve and sustain recovery. Intensive outpatient treatment programs schedule a minimum of 9 service hours per week delivered during the day, evening or weekends. This service is provided in a certified outpatient clinic under the direction of a physician medical director. A team of clinical and medical staff must provide this service including credentialed alcohol and substance abuse counselors and other qualified health professionals. The treatment program consists of, but is not limited to: individual, group and family counseling; relapse prevention and cognitive and behavioral interventions; motivational enhancement; and the development of coping skills to effectively deal with emotions and environmental stressors.

Eleanor R. Young Clinic:

Contact: (518) 465-8034

The Addiction Care Cent of Albany. Inc.

Contact: (518) 434-2367

Hope House Outpatient Clinic

Contact: (518) 427-8207

SPARC Latham

Contact: (518) 783-5381

SPARC Cohoes

Contact: (518) 235-1100

SPARC Outpatient (2nd. Ave)

Contact: Admissions (518)449-5170

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Contact: (518) 465-9345

Fusion Recovery Centers, LLC., OTP

Contact: Admissions (518) 605-9978

Promesa, Inc. Camino Nuevo

Contact: Admissions (518) 462-4320

XI: Outpatient Rehabilitation:

OASAS-certified services designed to assist individuals with chronic medical and psychiatric conditions. These programs provide: social and health care services; skill development in accessing community services; activity therapies; information and education about nutritional requirements; and vocational and educational evaluation. Individuals initially receive these procedures three to five days a week for at least four hours per day. There is a richer staff to client ratio for these services compared to other outpatient levels and these services are required to have a half-time staff person qualified in providing recreation and/or occupational services and a half-time nurse practitioner, physician's assistant, or registered nurse. Like medically supervised outpatient, outpatient rehabilitation services require a physician medical director and medical staff are part of the multi-disciplinary team. The clinical team includes credentialed alcohol and substance abuse counselors and other qualified health professionals. A treatment plan is required to address functional needs of the individual including cognitive, behavioral, employment, and interpersonal.

SPARC Outpatient Rehabilitation (2nd. Ave)

Contact: Admissions (518)449-5170

Fusion Recovery Centers, LLC

Contact Admissions: (518) 605-9978

XII: Outpatient ambulatory detoxification:

Medically supervised withdrawal management process for individuals with substance use disorders (SUDs) that takes place in an outpatient setting rather than in a hospital or inpatient facility. It is designed to safely remove a person from alcohol or drugs while allowing them to remain at home or in a stable environment, provided they meet certain health, safety, and support criteria.

SPARC Cohoes

Contact: (518) 235-1100

XIII: Recovery Support:

Services available through community service providers including: recovery centers, recovery coaching, case management and mutual help groups. Individuals are eligible for like services if they meet the functional criteria and are enrolled in a Health and Recovery Plan (HARP). Individuals can also access: • Peer services through outpatient clinics and opioid treatment programs (OTP); • Recovery Center as a recovering member of the community; • Housing Supports through the case management associated with supportive housing. Recovery supports may enable a person who lacks social, emotional and community resources in the natural environment to maintain community-based living, if the additional supports will help to stabilize them and provide enough support to enable them to manage early recovery in an ambulatory setting.

Hive of Hope

www.hivealbany.org

161 Central Ave, Albany, NY 12206 · 5.8 mi

(518) 650-8951

Second Chance Opportunities, Inc.

www.scoalbany.com

55 Colvin Ave, Albany, NY 12206 · 2.4 mi

(518) 489-1929

Capital District Recovery Center

45 Colvin Ave (2nd Floor) Albany, NY 12206

info@capitaldistrictrecoverycenter.org

518-487-4617

XIV: Specialized OASAS Licensed Services:

Albany County Department of Mental Health

Mobile Outreach Treatment Overdose Response (MOTOR) Unit – In the community responding to overdoses follow up, substance use screening/assessment, peer advocate/engagement support, and connection to services. **Contact: (518) 447-2067.**

XV: Additional Specialized Services:

Sheriff's Heroin Addiction Recovery Program (SHARP): Intense treatment unit located in the Albany County Correctional Facility (ACCF) for inmates with heroin/Opiate addiction.

Contact: Office of the Albany County Sheriff Office 518-869-2611

Stop-DWI- community education/prevention regarding the dangers of impaired driving.

Contact: Office of the Albany County Sheriff Office 518-869-2611

Addiction & Recovery Family Support Navigator Family Program: Support and guidance to Albany County families and their loved ones struggling with addiction related issues.

Contact: Addiction Care Center of Albany 518-465-5829 x416

Addiction and Recovery Advocate/Navigator Program: Services primarily in Albany County to quickly engage overdose victims and active drug users who utilize medical, judicial and other emergency responses systems and link them to addiction treatment and recovery supports following crises. Peer navigators available 24/7.

Contact: Catholic Charities Project SAFE Point 1-866-930-4999.

Albany County Department of Mental Health, Addiction Care Center of Albany, and Catholic Charities Project Safe Point. Contact: 1-866-930-4999

XVI: Out of County Treatment Providers:

Conifer Park (Also offers Inpatient Medically Supervised Withdrawal and Stabilization Services)

Contact: 518-399-6446.

St. Mary's Inpatient

Contact: (518) 452-6791

**McPike Addiction Treatment Center (OASAS Inpatient SUD Operated – Ok if no insurance)
Utica, NY**

Contact (315) 738-4400

St. Lawrence Addiction Treatment Center (OASAS Inpatient SUD Operated –Ok if no insurance)

Ogdensburg, NY

Contact (315) 393-3000

SPARC Rotterdam Outpatient

Contact (518) 357-2909

SPARC Saratoga – Outpatient

Contact (518) 885-6884

New Choices Recovery Center (Outpatient, Residential Reintegration, Outpatient Medication Assisted Treatment)

Schenectady, NY

(518) 346-4436

Cornerstone (Inpatient)

Rhinebeck, NY

Contact: (845) 266-3481

Valley Vista (Inpatient)

Vergennes, Vermont

Contact: (802) 222-5201

White Deer Run (Inpatient)

Harrisburg, PA

Contact: (717) 775-7161

XVII: Recovery Advocacy and Supports

Friends of Recovery (FOR-NY):

Statewide Recovery Community Organization (RCO) committee to educating decision makers and the general public about addiction and calls for the end of discrimination that blocks access to addiction treatment, housing and recovery support.

www.FOR-NY.org

(518) 487-4395

Young People in Recovery (YPR):

Young People in Recovery is a national advocacy organization, which aims to influence public policy, making it easier for our youth to find and maintain their recovery from addiction.

trilaog@gmail.com

[YPR – New York City, NY – Chapters – Young People In Recovery](#)

Faces and Voices of Recovery – National Recovery Organization.

[Home - Faces & Voices of Recovery](#)

Partnership for Drug Free Kids – Information and Support for Parent and Families.

[Family Resource Center - Partnership to End Addiction](#)

NIDA for Teens – Information for Teens, Parents and Educators

<http://teens.drugabuse.gov/parents>

Alcoholics Anonymous

24 hour hotline: (518) 463-0906

[Alcoholics Anonymous Helpline services Albany New York - CDCO](#)

Narcotic Anonymous

24 hour hotline: (646) 355-0843

[Today's NA Meetings in Albany, New York | Find a Meeting](#)

The Community Health Access to Addiction & Mental Healthcare Project (CHAMP):

Free and confidential ombudsman program for individuals and families facing challenges in accessing substance use disorder and mental health services in New York State.

Helpline at [\(518\) 489-1929](tel:5184891929) from Monday to Friday, 9 am to 4 pm, or email ombuds@oasas.ny.gov.

For additional information or questions, please feel free to call:

Dr. Stephen J. Giordano

Director of Community Services

Director, Albany County Department of Mental Health

(518) 447-4537

Stephen.Giordano@albanycountyny.gov

Michael J. Mansky

Behavioral Health Systems Specialist

Albany County Department of Mental Health

(518) 447-4546

Michael.Mansky@albanycountyny.gov

